

PERFORMANCE / SIGNIFICANT ACTIVITIES OF NSS DURING THE **YEAR 2017-2018**

The Unit was able to carried out the following different activities. The unit was able to work very effectively during the year under the leadership of the programme officer Prof. BEENA. K.(Certificates and Photos are attached)

Environmental Day

On June 5, environmental day was celebrated. The programme was inaugurated by Sub-Collector Divya S. Iyer at 10.00 am. She delivered a speech about global warming and our biodiversity, benefits of tree plantation. She also distributed trees to NSS Volunteers as a part of “Ente maram Padhathy” Scheme.

Vegetable Cultivation

We have already started vegetable cultivation 3 years ago and now it is extended to 5 acre including fallow land in the college. Field was ploughed well and leveled using JCB and NSS volunteers. We have sowed the seeds of ladysfinger, amaranthus, chilly, brinjal and pea etc according to package of practices recommendation of Kerala agriculture University.

Shastrayan 2018

Shastrayan 2018 is a Mega Mela that held under National Service Scheme on 2018 march 8,9. NSS Conducted lots of programme and exhibition depends on various department and various trends in our society. The programme was inaugurated by Padmasree Lekshmikutty amma. That was a great moment to NSS and Govt. College, Nedumangad. **Programmes by NSS** - Swap Shop, Exhibition, Race blood group Selection, Medical Camp, Cancer awareness class, Road Safety – Kerala Police, Drug abuse – Excise Department Karshaka Kootayma, Dental Camp.

Mathrubhumi – Federal bank Speak for Kerala.

The Most exiting programme speak for Kerala a debate competition was done at our college. Different students from all other college took participated in the programme.

Our volunteers lead the programme for its legent success. Harishanker manager, federal bank inaugurated the function.

Inspire

The most crowded programme. The programme was inaugurated by G. Premachandran Councilor nedumangad Municipality. Dr. Binu kannanthanam took class for the crowd from various schools and colleges. He gave awareness to the volunteers to about the future and what be in the future.

Swap Shop

A new initiatives undertook by NSS unit Govt. College Nedumangad was “Swap Shop”. Useful items collected from Houses and Shops and redistributed to poor people in the open shop of cities. Goods and items procured by our volunteers without any cost and these are distributed to poor people as free items.

Exhibition and orientation of child welfare society

Our unit conduct a orientation class and exhibition with child welfare society at town hall Nedumangad More than 800 peoples from different sectors participated the programme. The commissioner child welfare society Dr. Usha Koshi inaugurated the function.

Rice Cultivation

Our NSS Unit has adopted 2 villages (Karipoorala and Anad) in Nedumangadu and we have leased 5 acres of barren land for rice cultivation. This special programme was started with support of rally, farmers club, and NadeelUtsavamnattukuttam etc. Around 240 NSS Volunteers undertook the special programme like “Koithulsavam” .

Kaithangu

Our unit started a programme ‘Kaithangu’ for helping Cancer patients. College Vice principal Dr. Alex L inaugurated the function.

International Olympic Day

Our volunteers took participated the rally at Kavadiar to Palayam university stadium ground.

Leadership Training camp

Two day leadership Training camp organized by NSS unit. Nehru Yuva Kendra Trainer Sri. Sujith handle the sessions.

Nature camp

Conduct a 3 days nature camp at Neyyar Dam. It is a adventure camp. Visit almost every were including dams forest etc. 50 volunteers participated in the programme.

International Bio diversity day (22 may)

Bio diversity day is inaugurated by Principal Dr. Mini. I. The planted trees in the campus as the part of the Mega project “ Thanal” . Our unit decided to plant 2000 plants as the part of thanal on that day at our campus and adopted village.

Snehaveedu

Our unit started Snehaveedu house for poors at agricultural area Kadinamkulam and Nedumangad,. The stone foundation had done by Father Kadinamkulam Church with the presence of family villagers and Nehru Yuva Kendra.

School kit distribution

NSS unit have distributed 250 school kits to children studying in Bonacadu area (Adivasi colony) near ponmudi and Govt. L. P. S. Aakootpara.

Kudumbasree Training Classes

Our unit conducted two programmes related to Kudumbasree units in the month of September 2016 and February 2017. Leaders were able to take class on awareness of new business sectors, the loan facilities that are given by banks and govt. agencies and the process of book keeping and accounts maintenance.

Health Survey

Our unit conducted a survey on life style disease among the people living in the adopted village. The volunteers were told to inform them about the effects that these disease will have on the future generation also.

Paper bag construction

Our unit conducted a workshop related with the construction of paper bag with the purpose of removing plastics.

Blood Donation Camp

We organized 3 special blood donation camps during the year 2017-18. 312 volunteers donated their Blood and we published a blood group directory which includes the details of blood donors in our college. In addition to this, our 285 volunteers voluntarily donated blood through outside agencies

Eye – donation Awareness Campaign

Our unit conducted eye donation awareness campaign with the help of Chaithanya Eye Hospital, Thiruvananthapuram. The programme officers along with volunteers visited each and every class and explained the importance of posthumous eye donation.

Distribution of Books and Study materials

We distributed books and all other study materials to the Students in the Koppam Colony.

Energy Conservation Programme

A Seminar on energy conservations was organized by the NSS units. The class was led by Dr. Binoy, the Head of Physics of Govt. Womens College, Thiruvananthapuram.

Hand Written N. S. S Magazine-Thaliru

The manuscript magazine was regulated during the year. About the students expressed their literacy and cultural outthrursts. The magazine was released by our principal.

First Orientation of the New Volunteers

The 1st meeting of newly enrolled volunteers together with the existing volunteers.Sri. Brahma Nayakam engaged drama for guiding the volunteers .Kum.Shyama the Volunteer Secretary recorded vote of thanks to the gathering. Thereafter the gathering of volunteers was divided into groups with one Secretary and 2 assistants to each group.

E-GOVERNANCE AND DIGITAL LEARNING

Our Unit conducted E – governance programme in the adopted village Kottupara. About 320 people are situated through this mission. Our unit arranged special programme digital awareness classes all over wards of Nedumangad Municipality

PALIATIVE CARE

Our unit adopted a special package related with “palliative care” associated with Nedumangadu Municipality. We also organized Family Meet and donated Rs. 25000 to 5 patients in the college ward.Dr. Anzer R. N. is one of the executive member of palliative care club in the Nedumangadu Municipality

DANDAN YOJANA CLASSES

Our units arranged a Mega Campaign in the adopted village on the topic “Prime Ministers” DandanYojana” Programme. Dr. Anzer R. N took two sessions related with “ Prime ministers DandanYojana andswachhBharath Mission in the Koppam - Arussuparambu areas in the Nedumangadu Municipality.

PULSE POLIO IMMUNISATION

We organized and supported Pulse Polio Immunisation Programmes. (210 participants)

E-JALAKAM BOOKLET

Printed and circulated E- Jalakam Book to the Aakootupara Ward in the Nedunmangad Municipality and provided awareness classes to the rural people.

WAITING SHED

N. S.S Volunteers constructed waiting shed in the Mukkola Junction in the Vattappara- Nedumangad Route.

LIBRARY BOOKS

Our units repaired and binded 725 books in the college libraries.

Merit Day 2018

College Merit day was inaugurated buy Dr. Jaya IAS College education director. And our NSS Volunteers receive 12 awards for various activities including Best Volunteer award

World Health day

World health day was inaugurated by college Principal Dr. Mini. And secretary IMA Kerala. Class was done by Dr. Ashraf nedumangad District hospital.

North East Youth Exchange programme

It was a major programme inaugurated by Honourable Governor Dr. P. Sadasivam. Different volunteers from at various places in kerala 85 of our volunteers actively participated the programme at kanakakunnu palace auditorium.

Green Volunteers

Our volunteers selected as Green Volunteers selected as Green Volunteers for Attukal Pongala. Our volunteers stay there and actively participated the programme and receive award for best Green Volunteers.

Donating Plates and Glass – Green protocol

Our unit donated 100 plates and glasses to university as a part of green protocol.

Helping peoples in old age districts

Our unit donate foods utensils and money to poor families in agricultural places.

Ponds and well

Our unit created and maintenance a ponds in adopted village Karipoor and Nedumangad.

Document and Short Film

1. Shastrayan 2015 Documentary
2. Nedumangadinte kalalayam Short film
(CD attached)

WORLD BLOOD DONORS DAY(14.06.2017)

World blood Donor Day is a day dedicated to “thanking and celebrating Voluntary non-remunerated blood donors. Every NSS Volunteers took pledge that one of them can become a hero by giving blood. One of the main goals of the World Blood Donor Day is to ensure the availability of safe Blood for transfusion. While recognizing the silent lives every day through their blood donations, the theme also strongly encourages more people all over the world to donate blood voluntary and regularly. We conducted classes and seminars that day on the importance of voluntary blood donation.

CAMPUS CLEANING & BEAUTIFICATION

NSS Volunteers cleaned the college campus. Awareness class was given by Dr. Alex, Vice Principal, Govt. College of Science & technology. He explained the duties and responsibilities of the NSS Volunteers. As part of this the volunteers planted trees and ornamental plants in the campus.

VAYANADINAM (19.06.2017)

Vayanadinam was celebrated NSS on 19 June. The government of Kerala stepped in to accept the contributors of P. N. Panicker and ordered to observe 19 June annually as Vayanadinam (Day of reading) with a week- long series of activities at schools and public institutions to honour the contributors of P. N. Panicker towards literacy, education and library movement. NSS Volunteers conduct a seminar and Quiz competition was inaugurated by Dr. Alex HOD Malayalam department at College Auditorium.

House Maintenance/ Completion programmes/ Koodukottaam Koottukark

A special and Innovative programme named “KoodukoottamKoottukark” (House maintenance/ completion programme) was implemented by our NSS unit. Total two houses were completed and the maintenance done with the help of our Unit. One house maintenance provided to Smt. SandhyaKumari (Adopted village) 71500 and other one houses maintenance work provided to College student. (Neethu). Total amount incurred for the second house 60,000.00

INTERNATIONAL DAY AGAINST ABUSE & ILLICIT TRAFFICKING (26.06.2017)

The General Assembly decided to observe 26 June as the International Day against Drug Abuse and Illicit Trafficking as an expression of its determination to strengthen action and cooperation to achieve the goal of an international society free of drug abuse “Drugs was the theme of the year’s world drug campaign. Took a class to NSS volunteers, which would motivate them to play a role in promoting health in our communities. They took pledge that they work for a society without drug.

RAIN WATER HARVESTING PROGRAMME

NSS Volunteers conducted an awareness class on Rain water harvesting to the villagers in karippoor colony. They gave an awareness of keeping rain water safe.

WORLD POPULATION DAY (11.07.2017)

On 11 July 2017 NSS Volunteers observed World Population Day. Reproductive health problems remain the leading cause of ill health and death of women at childbearing age worldwide. Nearly 980 women die every day in the process of giving birth. About 1.8 billion young people are entering their reproductive years. Often without the knowledge skills and services they need to protect themselves on the World Population Day. Campaigns and seminars are organized by our unit to call attention to the essential part that reproductive health plays in creating a just and equitable world.

INTERNATIONAL YOUTH DAY (12.08.2017)

Our unit observed International Youth Day a global call to action to develop and engage in partnership with and for youth. Based on the theme our unit arrange discussion session to encourage students to face today’s pressing global challenges.

ANTI RAGGING CAMPAIGN

An antiragging campaign was conducted on the campus. NSS volunteers actively participated in the programme. Legal expert took classes on the consequence of ragging. NSS Volunteers took anti-ragging pledge.

INDEPENDENCE DAY (15.08.2017)

Independence Day was celebrated with great enthusiasm by the NSS Volunteers. The national Flag was hoisted by the Principal, Prof. MINI. I at 9.00 am. She addressed the volunteers and delivered a speech about the struggles the patriots underwent during Independence.

WORLD HUMANITARIAN DAY (19.08.2017)

World Humanitarian Day is a time to recognize those who face danger and adversity and to help them. The day was designated by the General Assembly to coincide with the anniversary of the 2003 bombing of the United Nations headquarters in Baghdad, Iraq, which killed 22 on staff. Every day humanitarian aid workers help millions of people around the world, regardless of who they are and where they are.

Plastic Free campaign

Plastic 200 volunteers participated in the plastic free campaign on September 2017. They collected the plastic over the debris to the plastic collection and placed the “the plastic free campus” display board in many of the campus.

Green campus clean campus

As part of declaring Zero campus all the NSS Volunteers participated in the cleaning programme in the campus. The waste materials were collected separately as bio- degradable and non-biodegradable and installed display boards bearing the wittings “ Green campus clean campus” , “Zero waste campus”, Plastic Free campus” etc at various places on the campus.

Zero waste campus

This was one of the important announcement in the academic year. The principal announced that bringing lunch in packets should be avoided in the college in order to the college as Zero waste campus. Instead students can bring lunch in tiffin carrier. For effective implementation he announced a fine of Rs. 10 for those who violate the rule. That fund is used for charity.

Important Days observed

- 1. International Labor day (01.05.2017)**
- 2. World Aids Orphans Day (07.05.2017)**
- 3. International Red Cross Day (08.05.2017)**
- 4. National Technology Day (11.05.2017)**
- 5. World Thyroid Day (25.05.2017)**
- 6. International Day of UN peace Keepers (29.05.2017)**
- 7. Anti – tobacco Day (31.05.2017)**
- 8. World Environment Day (05.06.2017)**
- 9. World Oceans Day (08.06.2017)**
- 10. World Day against child labor (12.06.2017)**
- 11. World Day against child labor (12.06.2017)**
- 12. International Day of Yoga (21.06.2017)**
- 13. United nations Public service Day (23.06.2017)**
- 14. Doctor’s Day (01.07.2017)**
- 15. World Population Day (11.07.2017)**
- 16. World Hepatitis Day (28.07.2017)**
- 17. Hiroshima Day (06.08.2017)**
- 18. National handloom Day (07.08.2017)**
- 19. International Youth Day (07.08.2017)**
- 20. Independence Day (15.08.2017)**
- 21. Teacher’s Day (05.09.2017)**
- 22. Forgiveness Day (07.09.2017)**
- 23. World First Aid Day (14.09.2017)**
- 24. World Ozone Day (16.09.2017)**
- 25. International Day of Peace (21.09.2017)**
- 26. World NSS Day (24.09.2017)**
- 27. Social Justice Day (25.09.2017)**
- 28. World Tourism Day (27.09.2017)**
- 29. Gandhi Jayanthi (02.10.2017)**
- 30. World nature Day, World habitat Day (03.10.2017)**

- 31. World Teacher's Day (05.10.2017)**
- 32. World Food Security Day (06.10.2017)**
- 33. World Food Day (16.10.2017)**
- 34. International Poverty (17.10.2017)**
- 35. Legal Service Day (09.11.2017)**
- 36. Children's Day (14.11.2017)**
- 37. National Integration Day (19.11.2017)**
- 38. World AIDS Day (01.12.2017)**
- 39. World Disability Day (03.12.2017)**
- 40. Human Rights Day (10.12.2017)**
- 41. UNICEF Day (11.12.2017)**
- 42. National Energy conservation Day (14.12.2017)**
- 43. World Farmers Day (23.12.2017)**

Year 2018

- 44. NRI Day (09.01.18)**
- 45. National Youth Day (12.01.2018)**
- 46. Republic Day (26.01.2018)**
- 47. World Wetlands Day (02.01.2018)**
- 48. World Cancer Day (04.01.2018)**
- 49. World Day of social justice (20.01.2018)**
- 50. National Science Day (28.01.2018)**
- 51. National Defense Day (03.06.2018)**
- 52. National Security Day (04.03.2018)**
- 53. International Women's Day (08.03.2018)**
- 54. World Consumer Right Day (15.03.2018)**
- 55. World Forestry Day (21.03.2018)**

SPECIAL CAMPS

1. Three day volunteer leadership Training camp at Kerala University student's centre, PMG, Thiruvananthapuram. Date 27, 28 & 29th October 2017.
2. National Integration Camp, at Gnana Ganga campus, Gulbarga University, Kalaburagi from 13th to 19th march, 2018.
3. Three Day national seminar on Introspecting Environment issues in India: problems and solutions. At Senate chamber, University of Kerala, Palayam, Thiruvananthapuram. Date : 14 to 16 February 2018.

Annual Special camp- 2017-2018

December 21th to 27th Karipoor Govt. HSS

Sri C. Divakaran M.L.A lighted the ceremonial lamp making the inauguration of the seven day special camp of NSS units of Govt. College, Nedumangad for the year 2017-18. The functions was presided over by our college principal Dr.. K. AnilKumar.

21-12-2017

The 102 members of the camp are divided us to 7 committees and selected group laders. After that a brain storming session was done. Each and Every member actively participated and discussed the personal and family matters. After that programme officers handled a session about overall activities of camp and a health survey procedure.

22/12/2017

After the normal day to day activities, At 10 A.M, Dr. Rahul handled the group dynamic session after the Lunch, "Cleaning campus" programme undertaken by NSS units. The district co-ordinator, suchithamission, took a session about suchitha Mission activities. Mr. Suresh Kumar, Agricultural officer took an interactive session about "AdukalaKrishi".

23/12//2017

The days'sprogrmane started with Yoga class by Yogishivan through topic " "Natural Life" . After that, our unit undertook a mass work on cannal cleaning in the area of Aryanadu. At the evening we arranged a orientation class about " E- Jalakam" the town ward of Nedumangad Municipality.,

24/12/2017

This day commenced within “ NadeelUtsavam” in the Karipoor Ala. We have arranged a rally near the Ala. After this rally Sri. Lekha Suresh inaugurated NadeelUtsavam. The voluntaries were highly interested and showed great enthusiasm in learning the various process of Rice NadelUtasavam. In the evening we arranged a special programme“ Nattukoottom” a summation of Agricultural officers, Volunteers and members of various administrative bodies. All volunteers agreed that this was an exceptional one among the total experience.

25/12/2017

This day started with a seminar on the topic food safety handled by G. Gopakumar, food safety officer, Thiruvananthapuram. After the lunch a “ Socio- Economic Survey was conducted by our units in the “ Koppam” colony. In the night “ A special session about “NadanPachakapura” handled by Kudumpasree unit.

26/12/2017

This day commenced with on “ Legal Awareness” by K. C. Sunny, Dept. of Law, University of Kerala. After that our units visited “ Kottoor Estate” with the support of P.T.A. This activity changed the attitude of volunteers towards the poor people especially in the rural and estate colonies.

27/12/2017

On the last day “ Dr. S. shaji, co-ordinator, Kerala University inaugurated valedictory session. This was followed by prize distribution and arranged a master plan for future activities.