

## **PERFORMANCE / SIGNIFICANT ACTIVITIES OF NSS** **DURING 2014-15**

### **1. Paddy Cultivation**

Our N. S. S. Union has adopted 2 acre of barren land in Karipoor village and we have started rice cultivation with the help of villagers. We have polished and graded the raw rice and packed it in packets. Distributed it among the villagers.

### **Vegetable Cultivation**

We have started Vegetable Cultivation in college campus nearby in 2 acres. The main crops include Amaranths, Ladies finger, Spinach, cucumber etc. We have used only organic manure and also we got remarkable result from vegetable cultivation.

### **House Maintenance**

Our unit repaired one house to the adopted village resident, Saranya. G. S

### **2. NATTIKA**

Conducted “Nadakakala, Nattika”(Training of Drama) with the co-operation of State Youths Welfare Board. Our 15 NSS volunteers represents the Thiruvananthapuram District in the Kerala State Drama Fest.

### **3. Assam Mega Camp**

Dr. ANZER. R. N. was the team leader of Kerala contingent in the National Camp conducted in Assam Mega Camp conducted from Jan 19 to Jan 31, 2015 at the Majuli- Assam. Kerala Team got special Appreciation from the organization of National Mega Camp.

### **4. Toilet Construction**

Constructed 1 toilet in the adopted village. (Aakootupara Colony)

### **5. E- Jalakam Book**

Printed and circulated E- Jalakam Book to the Aakootupara Ward in the Nedunmangad Municipality and provided awareness classes to the rural people. 130 participated.

### **Waiting Shed**

N. S.S Volunteers constructed waiting shed in the Valicode Junction in the Nedumangad College route.

### **6. Tree Plantation**

N. S. S Volunteers planted 124 trees in the town ward of Nedumangad Municipality. (Chairperson ward)

**7. Book Binding**

Our units repaired and binded 535 books in the college libraries.

**8. AIDS Awareness Rally**

AIDS Awareness Rally conducted in the World AIDS Day.

**9. Waste Composite Rings**

Volunteers constructed “Waste Composite Rings” in the Important places in the College Campus.

**10. Old age visit**

Visited old age Homes in the Pazhakutty Tripatham and Spent one day with them.

**11. Mega Cleaning**

Our units conducted a Mega Clean work in the Kerala University Office Campus with the help of 85 volunteers.

**12. National Seminar- Mahatma Gandhi and Youth**

56 Volunteers participated in the National Seminar on the topic “ Mahatma Gandhi and Youth” organized by N.S.S Kerala University.

**13. Paper presentation- Social empowerment and Youth- role of NSS**

Conducted inter Collegiate paper presentation on the topic “Social empowerment and Youth- role of NSS” in the college seminar Hall of Govt College Nedumangad.

**14. National Seminar- Anti –Drug Campaign**

Conducted a “National Seminar in the topic “Anti –Drug Campaign” with the support of Association Kerala Excise Staff and Kerala Kaumudi Newspaper.

**15. TOT Training**

Programme officer attended “TOT” Training (One week) on the topic “Employability Skill” conducted by N.S. S regional Office, Thiruvananthapuram.

**16. Workshop**

Attended one week workshop on the topic “Disaster Management” conducted by Academic Staff College, Thiruvananthapuram.  
**DawdanYogana**

Attended a training on the topic “DawdanYogana” conducted by Suchithra Mission, Thiruvananthapuram.

**17. N.S.S calendar**

Constructed “N.S.S calendar 2015” and distributed to all Students and to people in the adopted Village.

**18. Food packet distribution**

Our Volunteers Collected and distributed “Food packets” (2250 kits) to the patients of Taluk Hospital Nedumangad in every Tuesday of each week.

**19. Workshop - Legal Literacy**

Attended one day workshop on the topic “Legal Literacy” conducted by Dept. of Law, Kerala University.

**20. Palliative Care**

Our 106 Students volunteers participated in the Kanakakunnu palace conducted by Alpha Palliative Care Unit Kasarkode.

**21. Palliative care**

Attended one day workshop on the topic “palliative care” conducted by palliative Care cell, Thiruvanthapuram.

**22. Short film and Documentary Competition**

Our 93 volunteers participated and presented various topics in the “Short film and Documentary Competition” organized by Kerala State Youth Welfare Board.

**23. Advisory Committee meeting**

The advisory Committee of NSS units for the year 2014-15 was formed as per the NSS manual. 4 meeting were held during the Academic year.

**24. Onasadhya**

A special “onasadhya” was arranged for the “KeralaVesham” Volunteers actively engaged in the traditional games and speech competition.

**25. School kit distribution**

We distributed books and all other study materials to the Students in the Kottoor Settlement Colony.

## **26. Seminar- energy conservation**

A Seminar on energy conservations was organized by the NSS units. The class was led by Dr. Binoy, the Head of Physics, Womens College Trivandrum.

## **27. Blood donation camps**

We arranged the 2 blood donation camp if this academic year. 112students donate their blood to the blood bank group (RRC)

## **28. Manuscript magazine**

The manuscript magazine was regulated during the year. About the students expressed their literacy and cultural outthrursts. The magazine was released by our principal.

## **29. Learning camp**

NSS Programme officers and selected volunteers have been working as a Learning camp to impart important information to all the students and the Public regarding career guidance. Higher Education, online admissions, PSC online applications, scholarships, Enrollment of Electoral roll etc.

## **30. Orientation Classes**

The 1st meeting of newly enrolled volunteers together with the existing volunteers and the programme officer. Sri. Brahma Nayakam engaged drama for guiding the volunteers

### **Plastic free campaign**

Plastic 200 volunteers participated in the plastic free campaign on June 2014. They collected the plastic over the debris to the plastic collectors and placed the “plastic free campus” display board in many parts of the campus.

## **31. Green Campus Clean Campus**

As part of declaring Zero waste campus all the NSS volunteers participated in the cleaning programme of the campus on 06.07.2014, the waste materials were collected separately as bio-degradable and non-biodegradable and installed display boards bearing the writings “green Campus Clean Campus”, “Zero waste campus”, “Plastic Free Campus” etc at various places on the campus.

## **32. Zero waste campus**

This was one of the important announcement in this academic year. The principal announced that bringing lunch in packets should be avoided in the

college in order to maintain the college as zero waste campus. Instead students can bring lunch in tiffin carrier.

**33. Fashion designing**

NSS Volunteers got training for making different items in various fashions with variety of materials. Now the Volunteers made their own jewels at cheapest rates and selling in campus. They are raising additional fund for NSS activities.

**34. Fabric painting**

Training on Fabric painting was conducted. The painting materials including cloth pieces were distributed to the Volunteers.

**35. State level Seminar**

N. S. S have conducted State level Seminar on “World environmental day” in association with “Kallingal Bajaj” and “Police Association”. NSS Planted 175 saplings in and around the campus. The Principal inaugurated the function. In afternoon the campus was cleaned and made bed for vegetable planting on all working days in the evening students engaged themselves in watering and measuring the field.

**36. Cultivation of crops and Vegetables**

New field was set for the cultivation of the crops and planted 50 plantation saplings and sowed seeds of tomato, spinach, ladies finger, cucumber etc.

**37. Blood donation- awareness**

Distribute leaflets to all students of the college to aware the need and rules of blood donation.

**38. International Day against abuse**

In connection with International Day against abuse volunteers displayed posters regarding the effects of drug abuse in and around the campus.

**39. Local Road**

Construction of road in the Vencode Junction with the help of local Arts and sports club.

**40. Medical camps**

2 Medical camps conducted during this year. (240 participants)

**41. Environmental protection programme**

Conducted a seminar on the topic “Environmental protection” with help of Kallingal Bajaj and Police Association of Nedumangad.

#### **42. Mega Campaign**

Our units arranged a Mega Campaign in the adopted village on the topic “Prime Ministers” DandanYojana” Programme.

#### **43. Socio Economic SURVEY**

We have conducted a Socio Economic SURVEY in the “Koppam Colony in the Nedunmangad Municipality.

#### **44. Cultural Programmes**

Our Volunteers participated and presented various Cultural Programmes conducted by Nedumangad Municipality as a part of upgradation of Municipality.

#### **45. Free tuition programme**

We have arranged “Free tuition programme” in the one ward of Nedumangad Municipality.

#### **46. Orientation**

Conducted an orientation for all first year students in the College.

#### **47. Electoral role**

Our units arranged all facility for in rolling the names in the Electoral role of government.

#### **48. Plantation programmes**

4 plantation programmes conducted during this year.

#### **49. Adventure Camp**

Our one Volunteer participated in the Adventure Camp Manali in the year 2014 and 2 volunteers participated in the year 2013.

#### **50. NSS MEGA CAMP**

Two volunteers participated in NSS MEGA CAMP Assam in the year 2015.

#### **51. PRD Camp**

Three volunteers participated in the PRD Camp in the year 2014-15.

**In addition to the above, the following days observed by our unit**

### **INTERNATIONAL & NATIONAL DAYS**

5 <sup>th</sup> June	– World Environmental Day
14 <sup>th</sup> June	– World Blood Donor's Day
7 <sup>th</sup> July	– Vanamahothsava Day
11 <sup>th</sup> July	– World Population Day
15 <sup>th</sup> August	– Independence Day
20 <sup>th</sup> August	– Sadbhavana Day
24 <sup>th</sup> September	– NSS Day
1 <sup>st</sup> October	– National Blood Donor's Day
2 <sup>nd</sup> October	– Gandhi Jayanthi
19 <sup>th</sup> November	– National Integration Day
1 <sup>st</sup> December	– World AIDS Day
10 <sup>th</sup> December	– Human Rights Day
12 <sup>th</sup> January	- National Youth Day
26 <sup>th</sup> January	– Republic Day
8 <sup>th</sup> March	– World Womens Day

## **SPECTACULAR PERFORMANCE BY THE NSS KERALA TEAM IN THE NATIONAL MEGA CAMP - ASSAM**

The Mega camp of National Service Scheme (NSS) was held from Jan 20 to Jan 31, in Majooly in Assam. 400 students and 40 teachers representing all states and union territories attended the camp. 12 students and the team leader Dr.Anzer. R.N (NSS programme officer Govt. College, Nedumangad) represented Kerala region.

The team started its long journey on Jan 15 from N.S.S. office, University of Kerala. The official journey was inaugurated by Kerala University V.C. Dr.P.K.Radhakrishnan, P.V.C. Dr.Veeramanikantan, Syndicate Member Prof. Thonnackal Jamal, NSS Youth Officer Samuel Chellayya and NSS Program Co-ordinator Dr.S.Venumohan were delivered speeches. Kerala team reached the camp site at Majooly on January 19. The camp was inaugurated by Union Sports Minister Sarbananda Sonoual.

The participants could understand the diverse languages, culture, beliefs and practices of our country. They could also assimilate the life style of the natives of Majooly. Classes, competitions and seminars were conducted on various topics. All the teams presented cultural programmes. The Kerala team performed 'Thiruvathirakali', 'Nadan Pattu' and 'Pulikkali'.

The final 3 days of the camp was held in Dibrugarh University Campus, which spread over 500 acres. The team and members also visited Sivasagar, Digboi College, Digboi Coal Mines and India – Myanmar border. The valedictory session of the camp was presided over by the Vice Chancellor of Dibrugarh University.

The team members started their return journey on January 31. The Kerala team reached Thiruvananthapuram on February 3.

Though the journey was tedious and the weather was hostile, it was a life time experience for the members who participated in the camp. The camp provided a golden opportunity for the participants to imbibe and assimilate the rich and varied culture of our sub continent. The brilliant performance of the Kerala team in the cultural programmes and in the various competitions gained the appreciation from the authorities and organizers.

Dr. R.N. Anzer  
Kerala Team Leader NSS Mega Camp,  
Asst. Professor, Govt. College, Nedumangadu



## **Annual Special camp- 2014-2015**

**December 19<sup>th</sup> to 25<sup>th</sup>**

Sri Palode Ravi M.L.A lighted the ceremonial lamp making the inauguration of the seven day special camp of NSS units of Govt. College, Nedumangad for the year 2014-15. The functions was presided over by our college principal Prof. S. Sudarshanan Pillai.

In his introductory speeches Kerala University N.S.S programme Co-ordinator Dr. S. Venumohan glorified the achievements of N.S.S units and appreciated the dedicated services of progame officers and volunteers.

### **19-12-2014**

The 102 members of the camp are divided us to 7 committees and selected group laders. After that a brain storming session was done. Each and Every member actively participated and discussed the personal and family matters. After that programme officers handled a session about overall activities of camp and a health survey procedure.

### **20/12/2014**

After the normal day to day activities, At 10 A.M, Dr. Rahul handled the group dynamic session after the Lunch, “Cleaning campus” programme undertaken by NSS units. The district co-ordinator, suchithamission, took a session about suchithaMission activities. Mr. Suresh Kumar, Agricultural officer took an interactive session about “AdukalaKrishi”.

### **21/12//2014**

The days'sprogrmane started with Yoga class by Yogishivan through topic “ “Natural Life” . After that, our unit undertook a mass work on cannal cleaning in the area of Aryanadu. At the evening we arranged a orientation class about “ E-Jalakam” the town ward of Nedumangad Municipality.,

### **22/12/2014**

This day commenced within “ NadeelUtsavam” in the Karipoor Ala. We have arranged a rally near the Ala. After this rally Sri. Lekha Suresh inaugurated NadeelUtsavam. The voluntaries were highly interested and showed great enthusiasm in learning the various process of Rice NadelUtasavam. In the evening

we arranged a special programme “Nattukootom” a summation of Agricultural officers, Volunteers and members of various administrative bodies. All volunteers agreed that this was an exceptional one among the total experience.

#### **23/12/2014**

This day started with a seminar on the topic food safety handled by G. Gopakumar, food safety officer, Thiruvananthapuram. After the lunch a “Socio-Economic Survey was conducted by our units in the “Koppam” colony. In the night “A special session about “NadanPachakapura” handled by Kudumpasree unit.

#### **24/12/2014**

This day commenced with on “Legal Awareness” by K. C. Sunny, Dept. of Law, University of Kerala. After that our units visited “Kottoor Estate” with the support of P.T.A. This activity changed the attitude of volunteers towards the poor people especially in the rural and estate colonies.

#### **25/12/2014**

On the last day “Dr. S. Venumohan, co-ordinator, Kerala University inaugurated valedictory session. This was followed by prize distribution and arranged a master plan for future activities.

**Additional Charges of Programme Officer**  
**Dr. ANZER. R. N., Govt. College, Nedumangad.**

1. Staff Secretary
2. IQAC Co-ordinator
3. RUSA – Coordinator
4. PTA – Secretary
5. INTERNAL MENTOR
6. Member in the Scholarly support programme
7. Electoral officer in the college
8. Promoter of ASAP
9. College – Council Member
10. Discipline Committee member
11. Convener of Malpractice prevention squad, (three times)  
Thiruvananthapuram District in Kerala University.
12. NSS Advisory Board member, Kerala University.

**SPECIAL EDUCATIONAL QUALIFICATIONS AND ACHIEVEMENTS  
OF PROGRAMME OFFICER**

1. M.com. from Kerala University
2. M. Com (Marketing) Annamalai University
3. PGCC (Post Graduate Certificate in Counselling)
4. PGDCA (1st rank holder) (Post Graduate Diploma in Computer Accounting)
5. MA Education
6. Ph.D
7. MBA
8. MSW Doing

9. NET
10. SET
11. B. Ed
12. Organised 10 national seminar during the last 3 years
13. First rank holder of PGCCA EXAM
14. ASSISTANT CO –ORDINATOR OF NAAC COMMITTEE
15. Treasurer of Nanma Charitable Society – in Kollam District
16. Career Guidance trainer – in Higher Secondary Schools

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### SPECIAL THANKS

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ON BEHALF OF PRINCIPAL, PROGRAMME OFFICERS, N. S.S. VOLUNTEERS AND N.S.S. UNIT OF GOVT. COLLEGE, NEDUMANGAD, THIRUVANANTHAPURAM, WE EXTEND HEARTFUL THANKS TO, **SRI.VIJAY GOEL**(MINISTER OF SPORTS AND YOUTH AFFAIRS),**SRI.G. P. SAJITHBABU**(N.S.S. REGIONAL HEAD AND YOUTH OFFICER), **Dr.SABUKUTTAN**(KERALA STATE N.S.S. LAISON OFFICER) **SRI. I. V. SOMAN**,(TRAINING CO-ORDINATOR NSS, TRAINING CENTRE, KALAMASSERY),**DR.S.VENUMOHAN**(PROGRAMME CO-ORDINATOR KERALA UNIVERSITY) AND ALL SUPPORTING STAFF OF NSS, FOR THEIR VALUABLE SERVICE AND SUPPORT TO OUR UNIT.

**NSS Programme Officer**

**Principal**

**N. S. S. UNIT. GOVT. COLLEGE, NEDUMANGAD**

