BEST PRACTICE - 1

1. Title:

Lending a Helping Hand:- Extension Activity at the Old age Home 'Thrippadam'

2. Goal:

- To empower students to respond proactively to social concerns
- To create a sense of social commitment towards marginalized and underprivileged
- To awaken the sense of social responsibility among students

3. Context:

- The College and the near by old age home is located in a remote hilly area.
- Majority of the tribal people located in the area are financially weak.
- Lack of Education, health facility and sanitation are some of the problem faced by the people of the locality.
- It is in these contexts that the extension activity done by the students of the college become relevant

4. The Practice:

The College Union has implemented a unique humanitarian programme titled 'Thanal' in the college. Under this scheme, students visit 'Thrippadam', an old age home located near the college, every week, on Fridays. The old age home has about 80 inmates. Lunch packets are collected from students of our college and are distributed to the inmates of 'Thrippadam' during the weekly visit. Every year, the College Union conducts its Onam Celebrations at 'Thrippadam.' They distribute 'Onakkodi' (new dress) to the inmates and they also give them a traditional 'sadya'(feast). Various cultural programmes of students are also held in this occasion.

5. Evidence of success:

- Improvement in physical and mental health of inmates
- Students home become more compassionate to the poor and needy.
- The activities at Thrippadam have made students less self-centred

6. Problems Encountered and Resources Required:

- Presently the Students are able to provide food packets only once in a week
- Students of the College are not able to offer more monetary help as the majority of the students are from low income group.
- Lack of funds is a major problem. Monetary aid from voluntary organizations and local authorities would go a long way in improving the extension activity programme.