

PERFORMANCE / SIGNIFICANT ACTIVITIES DURING THE YEAR 2016-2017

The Unit was able to carry out the following different activities. The unit was able to work very effectively during the year under the leadership of the programme officer Dr. ANZER. R. N. (Certificates and Photos are attached)

1. Swachh Bharath- ODF

Our Unit undertook a major project “Swachh Bharath- ODF declaration in Nedumangad Municipality. ODF – (Open defecation Free) Open defecation is the practice of defecating outside and not into a designated toilet. It is a central term for community led total sanitation programme

2. Swap Shop

A new initiative undertaken by NSS unit Govt. College Nedumangad was “Swap Shop”. Useful items collected from Houses and Shops and redistributed to poor people in the open shop of cities. Goods and items procured by our volunteers without any cost and these are distributed to poor people as free items. A total 9 swap shops organized by our unit.

3. Vegetable Cultivation

We have already started vegetable cultivation 3 years ago and now it is extended to 5 acre including fallow land in the college. Field was ploughed well and leveled using JCB and NSS volunteers. We have sowed the seeds of ladyfinger, amaranthus, chilly, brinjal and pea etc according to package of practices recommendation of Kerala agriculture University

4. QUAMI- EKTA WEEK

Our unit celebrated Quami- Ekta week from 19th November to 25 Nov 2016. As part of this programme, we conducted day special programmes like National integration day, Women’s day, minority welfare day, Flag day, charity day, Regional language day and cultural day. **Quami Ekta Week**

5. Help desk by NSS unit during de-monetization period

During the de-monetization period, in order to help the customers in all Banks in Nedumangad, NSS unit arranged help desk in front of the bank. NSS Volunteers actively participated in filling exchange forms.

6. Rice Cultivation

Our NSS Unit has adopted 2 villages (Karipoorala and Anad) in Nedumangadu and we have leased 5 acres of barren land for rice cultivation. This special programme was started with support of rally, farmers club, and NadeelUtsavamnattukuttam etc. Around 240 NSS Volunteers undertook the special programme like “Koithulsavam”

7. SahapadikkoruVeedu

Our NSS unit were constructed one NSS Bhavanam. (SahapadikkoruVeedu).house cost Rs. 3,54,500). The house was donated to Abhijith. All the students and Faculty of our college donated generously for the project. House farming programme was inaugurated by Sri. Chettachalsahadevan municipality chairman,.contributions from various persons, helped to complete the construction of NSS Bhavanam dream homes.

8. Organic Farmer’s Meet

Our NSS Volunteers had conducted organic farmers meet, exhibition and rally at Govt. L. P. S Kuzhivila, Nedumangadu through Special Programme named ‘Jaivolsavam’.

9. Environmental day – June 5th

NSS Unit of Govt. College, Nedumangadu and State Youth Welfare board jointly conducted an “Environment protection” Programme at Shankumugham beach, Trivandrum on June 5th 2016. The programme was inaugurated DR.RAJESHKUMAR (Syndicate Member, Kerala University) by planting a tree. NSS Volunteers had actively participated in cleaning the hours near ShangumughamKadappuram and planted 110 trees in houses.

10. Protection of “PonnaraSreedhar Park”

NSS Unit of our college had cleaned “PonnaraSreedhar Park” situated at Nedumnagdu in fond of memory of Mr. Sreedhar who was a famous freedom fighter in Kerala. It was covered by many flex boards and posters. Our Volunteers had cleared the area, removed the flex board, washed the statue. Volunteers had honoured the freedom fighter by conducting a small meeting in the park. The programme inaugurated by Mr. E.S BIJUMON, DYSP, Nedumangad. 100

volunteers and local people engaged in the activity. A strong force was created around the park.

11. Prakritheeyam

The N.S.S volunteers of Govt. College Nedumangadu had adopted a centre for environmental protection called 'Prakritheeyam' at Thannimood in NedumangadTaluk as part of their mission of protecting environment. Prakritheeyam is an ecofriendly area(10 acres) near the Erinchiyam which is protected by United Club.

12. Water Connection Activities

Our unit donated two water connection to adopted village.

13. A. P. J Contribution

Our unit organized a special programme regarding "continuation of A.P.J. Abdul Kalam. 10 Volunteers presented topics regarding the innovation of Mr. A.P. J. Abdul Kalam. The session was quite informative. Our beloved Principal inaugurated the session.

14. ENVIRONMENT PROTECTION PROGRAMME

Our unit organized different environment protection programmes. We have also conducted "Blood donation Camp" in that area against the Quarry exploitation in that area which is harmful to thousands of villagers

15. Food Fest

NSS Unit conducted food fest in college. Nearly 200 students participated in the fest. The main items include Jackfruit varieties mango dishes, Arabian food items malabari food items, Biriyani etc.

16. School kit distribution

NSS unit have distributed 250 school kits to children studying in Bonacadu area (Adivasi colony) near ponmudi and Govt. L. P. S. Aakootpara.

17. Donation – Charity

NSS unit has donated Rs. 25,000/- for cancer patients in RCC, Trivandrum. The amount was collected from the villagers and businessmen in the locality. NSS Volunteers have also donated Rs. 10,000/- to the patients.

18. Bonakad environment study Tour

NSS unit conducted one day study tour to Bonakad. We visited AdhivasOoru in Bonacadu area and supplied food for poor people cooked by NSS Volunteers. We have conducted survey regarding the living condition of Adhivasi in the area and based on that we have developed a project named “Deepti” for the upgradation of people in that area.

19. Save Killiyar protect Killiyar

NSS Volunteers introduced new project named “Save Killiyar&protect Killiyar” volunteers cleaned the river by removing the plastic waste etc. We have placed notice based on the shore to avoid disposal of waste at Killiyar.

20. Nattukottam

We organized ‘special farmers meet’ named as nattukootam in our area. We honoured the famous Agriculturist and conducted a face to face interaction between Agriculturist and NSS Volunteers.

21. School protection Activities

We organised special target programme “Protection of Govt. Schools”. As part of this, we selected Kuzhuvila Govt. L. P. S and arranged services of activities like,. School cleaning, wall protection activities, rallies, celebrations, awards and school kit distributions and PTA interaction meeting.

22. Kudumbasree Training Classes

Our unit conducted two programmes related to Kudumbasree units in the month of September 2016 and February 2017. **Health Survey**

Our unit conducted a survey on life style disease among the people living in the adopted village. **Paper bag construction**

Our unit conducted a workshop related with the construction of paper bag with the purpose of removing plastics.

23. Exhibition

A special Exhibition was conducted by NSS Unit as a part of NATIONAL INTEGRATION WEEK The Topics like NSS and society, Traffic rules, First aids, Vegetable garden, A. P. J. Contributions, Communicable diseases, Environment protections etc were presented in this Exhibition. Around 1200 persons visited in this Exhibition.

24. Short film

With the support of PrakritheeyamAnandiRamachandran and team we participated and completed a special short film with the theme of “Women Protection”.

25. Share a meal programme

We organized special programme“ Share a meal” with in the campus and outside campus. On every Thursday we distributed 250 meals to patients in GovtTaluk hospital, Nedumnagad

26. Safe road to school & Home

Our unit organised Road safety programme in the week of. We arranged traffic awareness classes, rallies and conducted separate exhibition in the college campus and Rims Hospital compound, Valicode. 330 persons were handled by our NSS Volunteers.

27. Fund for cancer patients and palliative activities

Our volunteers took part in the collection of money and saved their pocket money to make a fund for the cancer patients and we have tried to do it ones in a week.

28. Blood donation camps

We organized 3 special blood donation camps during the year 2016-17. 224 volunteers donated their Blood and we published a blood group directory which includes the details of blood donors in our college

Pondcleaning

29. Town Cleaning

Our Volunteers took the initiative for the cleaning of Nedumangad market and town places. Through this campaign, we eliminated and removed waste and plastics.

30. Tuition for poor

Separate tuitions programmes were conducted by NSS volunteers in the Aryanaad and Aakootupara. Students of upper primary, higher schools and higher secondary students got this opportunity and their huge participation made it all a big success.

31. Cleaning the wells

For getting pure water from wells, we distributed chlorine to houses in the Koppam colony. Also we helped to cleaned the wells which are in the places of adopted villages.

32. Tree plantation

Around 1000 trees were planted on all the places of college and outside the campus and it is well maintained. For the proper maintains of these plants, the volunteers are divided into the several group.

33. Zero waste campus

For making a clean campus without plastic or waste, we brought on” Zero waste campus” project which become a huge success with in short time.

34. Tripatham Orphanage and Old age visit

We conducted regular visit to old age home and orphanage near the college. We collected money and cloths from students and distribute to the orphanage. Special Onam, Christmas and new yearprogrammes were conducted in the Tripatham Old age home during the year 2016-17.

35. Rain water harvesting

We organized and settled a rain water harvesting device in the college campus with the support of nature club.

36. Village Road

A village road (4 km) was constructed at Aakootupara- Maniyanmukku by our volunteers as there was no way for the vehicles to pass on or space even to walk.

37. Yoga class

Special yoga class conducted by our unit during the year 2016-17. Yoga class handled by Foreign yoga specialist Miss. Anithaplanket(Sweeden). One week special course was also provided by our unit.

38. NSS Badge and Diary

NSS badge and diary was distributed to all volunteers.

39. Onam Celebrations

We organized grand onam celebration in the college

40. First Aid Training

First Aid training was given to all students of the college by Nedumnagad Health Supervisor Mr. Anilkumar.

41. Sign Boards

Different Sign board fixing by NSS Volunteers was done to all part of campus and outside campus for perfect awareness on many social issues.

42. NSS Help line

NSS Programme officers and selected volunteers have been working as a Learning camp to impart important information to all the students and the Public

regarding career guidance. Higher Education, online admissions, PSC online applications, scholarships, Enrollment of Electoral roll etc.

43. Campus Beautification

As a part of campus beautification, we designed a garden in front of our college which gained a massive attraction to campus

44. PSC Coaching classes

Our new initiative was PSC coaching classes which was provided to college students and outsiders. Around 225 individuals participated in our PSC coaching classes.

45. Women leaders training camp

Our 3 girls leaders Rakshi, Lekshmi, Krishna Priya has participated in the women leadership camp at NSS College, Neeramankara

46. National Camp

Our leader Shyama participated in the national camp at Hariyana

47. PRD- Camp

Our leader Sri.Kannan participated in the PRD Camp and Chennai.

48. PRD- Selection Camp

Our 6 volunteers participated in the PRD selection Camp at University of Kerala

49. National Camp

Our 11 volunteers participated National Integration camp at Varkala Organised by Nehru Yuva Kendra, Trivandrum.

50. Tax consulting and Audit services

Our special team members has helped us individual near the adopted village in the preparation tax statements and helped to outsiders to audit activities and financial matters especially clubs, societies etc.

51. Magic show

We organized a magic show with the support of Kerala state Excise Department with the aim of anti-drug awareness programme.

52. Anti- Ragging Campaign

An anti ragging campaign was conducted on the campus. NSS volunteers actively participated in the programme. Legal experts took classes on the consequence of ragging. College students took anti-ragging pledge.

53. Sabarimala – Special Cleaning Programme

A team consists of 10 NSS Volunteers of our unit undertook a special cleaning programme in the Sabarimala associated with pollution control Board. 5 day special campaign was completed by our unit.

54. Plastic free campus

240 Volunteers participated in the plastic free campaign on 2nd December 2016. They collected plastics and handed over to Municipality Authority for recycling them.

55. Eye – donation Awareness Campaign

Our unit conducted eye donation awareness campaign with the help of Chaithanya Eye Hospital, Thiruvananthapuram. **Distribution of Books and Study materials**

We distributed books and all other study materials to the Students in the koppam Colony.

56. Energy Conservation Programme

A Seminar on energy conservations was organized by the NSS units. The class was led by Dr. Binoy, the Head of Physics of Govt. Womens College, Thiruvananthapuram.

57. Hand Written N. S. S Magazine-Thaliru

The manuscript magazine was regulated during the year. About the students expressed their literacy and cultural outthrursts.

58. First Orientation of the New Volunteers

The 1st meeting of newly enrolled volunteers together with the existing volunteers. Sri. Brahma Nayakam engaged drama for guiding the volunteers .Kum.Shyama the Volunteer Secretary recorded vote of thanks to the gathering.

59. Campus Cleaning and Installation of display board

As part of declaring Zero waste campus all the NSS volunteers participated in the cleaning programme of the campus on 06.07.2016, the waste materials were collected separately as bio-degradable and non-biodegradable and installed display boards bearing the writings **LEADERSHIP CAMP**

60. ORIENTATION CLASS

Dr. Anzer. R. N, Programme officer participated one day awareness programme and training related with “Early detection of Oral cancer by month self examination” and shared palliative care activities and schedules in the dayprogrammes

61. NEHRU YUVA KENDRA COMPETITION

The Programme officer and NSS Volunteers participated Inter Collegiate programme conducted by Nehru Yuva Kerala, Thiruvananthapuram at 25th November.

62. MALPRACTICE PREVENTION SQUAD

Dr. Anzer R. N, NSS programme officer worked as Convener of malpractice prevention squad, Thiruvananthapuram District for 45 days in the academic year 2016-17.

63. E-GOVERNANCE AND DIGITAL LEARNING

Our Unit conducted E – governance programme in the adopted village Kottupara. About 320 people are situated through this mission. Our unit arranged special programme digital awareness classes all over wards of Nedumangad Municipality

64. PALIATIVE CARE

Our unit adopted a special package related with “palliative care” associated with Nedumangadu Municipality. We also organized Family Meet and donated Rs. 25000 to 5 patients in the college ward.

65. THEKKADY CAMP

5 volunteers participated in the Adventure Camp at Thekkady.

66. NORKA SEMINAR

We organized one day seminar related with “NORKA – Career and oppurtunities” conducted by Norka routes and NSS unit Govt College, Nedumnagad.

67. MEDICAL CAMP

3 Medical camps conducted by our Unit during the academic year 2015-16. Total 500 persons participated in this camp.

68. SEMINAR

Dr. Anzer R. N. participated and presented a paper related with ‘Social activities’ in the international Seminar, conducted by Department of Commerce and management, Kerala University.

69. ORIENTATION TO OUTSUDERS

Dr. Anzer R. N. NSS PO, presented a special session related within “NSS activities” in the SreeSankara Sanskrit University, Extension campus, Thiruvananthapuram 3rd March 2017.

70. UNIVERSITY LEVEL ORIENTATION

NSS Programme officer participated two day refresher and orientation course conducted by Kerala University NSS cell.

71. DANDAN YOJANA CLASSES

Our units arranged a Mega Campaign in the adopted village on the topic “Prime Ministers” DandanYojana” Programme. Dr. Anzer R. N took two sessions related with **PULSE POLIO IMMUNISATION**

We organized and supported Pulse Polio Immunisation Programmes. (210 participants)

72. E-JALAKAM BOOKLET

Printed and circulated E- Jalakam Book to the Aakootupara Ward in the Nedunmangad Municipality and provided awareness classes to the rural people.

73. WAITING SHED

N. S.S Volunteers constructed waiting shed in the Mukkola Junction in the Vattappara- Nedumangad Route.

74. LIBRARY BOOKS

Our units repaired and binded 725 books in the college libraries.

75. WASTE COMPOSITE RINGS

Volunteers constructed “Waste Composite Rings” in the Important places in the College Campus.

76. ANTI DRUG CAMPAIGN

Conducted a “National Seminar in the topic “Anti –Drug Campaign” with the support of Association Kerala Excise Staff and Kerala Kaumudi Newspaper.

77. TRAINING PROGRAMME

Programme Officer Dr. Anzer. R. N. attended a training on the topic “Prime Ministers DawdanYogana” conducted by Suchitha Mission, Thiruvanthapuram. Programme Officer Dr. Anzer. R. N attended one day workshop on the topic “palliative care” conducted by palliative Care cell, Thiruvannthapuram.

78. CALENDER

Constructed “N.S.S calendar 2017” and distributed to all Students and to people in the adopted Village.

79. LEGAL LITERACY SURVEY

WE Organised legal literacy survey among college students with support of Dept. of Law, Kerala University.

80. ELECTORAL ROLL

Our units arranged all facility for in rolling the names in the Electoral role of Government.

81. AIDS RALLY

AIDS awareness programmes and rally was organized on 1st December.

82. ASAP CAMP

NSS unit undertook and organized “ASAP” Mega Campus Recruitment” Programme

83. CYBERLAW CLASSES

With the help of NSS Cyber law seminar was conducted on 20th September 2015. Class handled by Rakesh, SI of Police, Nedumangadu.

84. PUNARJANI ASSET

Punarjani Asset value ` 175000- College equipments, Bench, Desk, Building repairing and maintenance done by NSS unit.

85. Painting work

Major painting work and repairing done by NSS volunteers during the vacation period.

In addition to the above the following days observed by our Unit

INTERNATIONAL & NATIONAL DAYS OBSERVED BY OUR UNITS

5 th June	–	World Environmental Day
14 th June	–	World Blood Donor's Day
7 th July	–	Vanamahotsava Day
11 th July	–	World Population Day
15 th August	–	Independence Day
20 th August	–	Sadbhavana Day
24 th September	–	NSS Day
1 st October	–	National Blood Donor's Day
2 nd October	–	Gandhi Jayanthi
19 th November	–	National Integration Day
1 st December	–	World AIDS Day
10 th December	–	Human Rights Day
12 th January	-	National Youth Day
26 th January	–	Republic Day
8 th March	–	World Womens Day

December 23th to 29th

Sri Sri. Divakaran M.L.A lighted the ceremonial lamp making the inauguration of the seven day special camp of NSS units of Govt. College, Nedumangad for the year 2016-17. The functions was presided over by our college principal D.K. Sathish.

23-12-2016

The 108 members of the camp are divided us to 7 committees and selected group leaders. After that a brain storming session was done. Each and Every member actively participated and discussed the personal and family matters.

24/12/2016

After the normal day to day activities, At 10 A.M, Mr. Brahmanayakam handled the group dynamic session after the Lunch, “ Clearing campus” programme undertaken by NSS units

25/12//2016

The days'sprogrmane started with Yoga class by PrakritheeyamJancy through topic “Natural Life”. After that, our unit undertook a mass work on canal cleaning in the area of Aryanadu

26/12/2016

This day commenced within “ NadeelUtsavam” in the Karipoor. We have arranged a rally near the Ala. After this rally Sri. ChettachalSahadevan inaugurated NadeelUtsavam. The voluntaries were highly interested and showed great enthusiasm in learning the various process of Rice NadelUtasavam.

27/12/2016

This day started with a special programmeSwachhBharath at Nedumangad Municipality. After the lunch a “ Socio- Economic Survey was conducted by our units in the Arasuparambu colony..

28/12/2016

This day commenced with on “ Construction of Toilet in the adopted area” After that our units visited “ Bonakkad Estate” with the support of P.T.A.

29/12/2016

This day started with special activity related with installation of water connection activities. After the lunch Dr. S. Venumohan, co-ordinator, Kerala University inaugurated valedictory session. This was followed by prize distribution and arranged a master plan for future activities.