

## **PERFORMANCE / SIGNIFICANT ACTIVITIES OF NSS** **DURING THE YEAR 2015-2016**

### **1. Rice Cultivation**

Our NSS Unit has adopted 1 village (Karipoor) in Nedumangadu and we have leased 2 acres of barren land for rice cultivation. This special programme was started with support of rally, farmers club, and NadeelUtsavamnattukuttam etc. Around 240 NSS Volunteers undertook the special programme like “Koithulsavam” (കൊയ്ത്തുത്സവം). We have successfully completed the Virippu season of paddy and harvesting ceremony was hosted by Shri. Palode Ravi MLA.

### **2. SahapadikkoruVeedu**

Our NSS unit were constructed 2 NSS Bhavanams. (SahapadikkoruVeedu). One house cost Rs. 8,54,500/- and other cost of Rs. 2,65,000). The first house was donated to KumariAthira and second one donated to Arunkumar. All the students and Faculty of our college donated generously for the project **House Maintenance/ Completion programmes/KoodukottaamKoottukark**

A special and Innovative programme named “KoodukoottamKoottukark” (House maintenance/ completion programme) was implemented by our NSS unit **YES – SUMMIT – 2016**

Our unit organized special programme YES -16 “Youth empowerment Summit” from 1st January 2016 to 31 March 2016. YES -16 includes National Seminar, paper presentation contest, Best idea contest, Tribal colony visit, Puzhayodoppam, Workshop on skill development, etc. 30 outside NSS Volunteers and our 300 students were participated in its various activities Yes-2016. Sri.SajithBabu (NSS Regional Head), Sri.Palode Ravi (Deputy Speaker), PrakrithiyumJancy, Madhupal (cine Artist), Sri. Sabarinath MLA, Dr. VinuBhasker, P.S. Prasanth etc. participated and guided this programme.

### **3. National Seminar on Youth for Social Transformation**

NSS Unit organized two day National Seminar on the topic “Youth for social transformation” from 11<sup>th</sup> march 2016 to 12<sup>th</sup> march at College Auditorium. NSS Kerala Regional Head Sri.SajithBabu, IMK Professor and Head, Dr. B. Prakash, State Liaison officer NSS, Dr. S. Venumohan, Co-ordinator NSS Kerala University, Dr. K. Chandrasekharan Nair, Annamalai University Professor. Dr. M. Shelvam, Kerala University Sociology Asst. Professor Dr. BusharaBeegam, Dr. Rahul, Dr. BaijuRamachandran, Kerala State Youth Welfare board chairman P. S.

Prasanthetcparticipated and delivered special papers on this seminar. 350 NSS Volunteers and 18 teachers participated in the Seminar.

#### **4. Kallar Eco- Tourism Camp**

NSS Unit has conducted environment protection camp at Kallar, Vithura. The camp was inaugurated by Sri. Sabarinath M. L. A (Aruvikkara Legislative Assembly). The programme includes trucking, awareness class, debate etc. Pledge was taken by NSS Volunteers for protecting environment.

#### **5. Environmental day – June 5<sup>th</sup>**

NSS Unit of Govt. College, Nedumangadu and State Youth Welfare board jointly conducted an “Environment protection” Programme at Vizhinjam beach, Trivandrum on June 5<sup>th</sup> 2015. The programme was inaugurated Prof. Thonnakal Jamal (Syndicate Member, Kerala University) by planting a tree. **Protection of “PonnaraSreedhar Park”**

#### **6. Vegetable Cultivation**

We have cleared 2 acres of backyard in our college building and leveled the field, ploughed and prepare the seed bed. Seeds of amaranthus, ladysfinger chilly, brinjal, cowpea, tomato, snake gourd etc are sown.

#### **7. Exhibition**

A special Exhibition was conducted by NSS Unit as a part of Yes -2016. The Topics like NSS and society, Traffic rules, First aids, Vegetable garden, A. P. J. Contributions, Communicable diseases, Environment protections etc were presented in this Exhibition. Around 1200 persons visited in this Exhibition.

#### **8. Special Cleaning Programme**

A team consists of 6 NSS Volunteers of our unit undertook a special cleaning programme in the Sabarimala associated with pollution control Board. 5 day special campaign was completed by our unit.

## **9. Plastic free campus**

125 Volunteers participated in the plastic free campaign on 2<sup>nd</sup> December 2015. They collected plastics and handed over to Municipality Authority for recycling them.

## **10. Campus Cleaning**

Our unit celebrated one week for clean campus. Volunteers participated in the cleaning programme for one week on 2nd October 2015 onwards.

## **11. Sign Boards**

Our units installed display boards like “Green Campus, Clean Campus “ liquor free Campus, Smoke free campus etc at various places on the Campus.

## **12. Eye – donation Awareness Campaign**

Our unit conducted eye donation awareness campaign with the help of Chaithanya Eye Hospital, Thiruvananthapuram. The programme officers along with volunteers visited each and every class and explained the importance of posthumous eye donation.

## **13. Distribution of Books and Study materials**

We distributed books and all other study materials to the Students in the Govt. L. P. S. Arasuparambu.

## **14. Energy Conservation Programme**

A Seminar on energy conservations was organized by the NSS units. The class was led by Dr. Binoy, the Head of Physics of Govt. Womens College, Thiruvananthapuram.

## **15. A. P. J Contribution**

Our unit organized a special programme regarding “continuation of A.P.J. Abdul Kalam. 10 Volunteers presented topics regarding the innovation of Mr. A.P. J. Abdul Kalam. The session was quite informative. Our beloved Principal inaugurated the session.

## **16. Charity - Donation**

A programme conducted by NSS Volunteers for helping cancer patients in Nedumangadu. NSS Volunteers has donated Rs. 15000 /- for 3 cancer patients who are suffering cancer. Fund was collected through the “one rupee programme” conducted by the NSS Volunteers.

## **17. Kaiyethu Magazine-Mampoovu**

The manuscript magazine was regulated during the year. About the students expressed their literacy and cultural outthrusts. The magazine was released by our principal.

## **18. NSS Help line**

NSS Programme officers and selected volunteers have been working as a Learning camp to impart important information to all the students and the Public regarding career guidance. Higher Education, online admissions, PSC online applications, scholarships, Enrollment of Electoral roll etc.

## **19. First Orientation of the New Volunteers**

The 1<sup>st</sup> meeting of newly enrolled volunteers together with the existing volunteers. Sri. Brahma Nayakam engaged drama for guiding the volunteers Kum. Shyama the Volunteer Secretary recorded vote of thanks to the gathering.

## **Campus Cleaning and Installation of display board**

As part of declaring Zero waste campus all the NSS volunteers participated in the cleaning programme of the campus on 06.07.2015, the waste materials were collected separately as bio-degradable and non-biodegradable and installed display boards bearing the writings “green Campus Clean Campus”, “Zero waste campus”, “Plastic Free Campus” etc at various places on the campus.

## **20. Blood Donation Camp**

We have also conducted “Blood donation Camp” in that area against the Quarry exploitation in that area which is harmful to thousands of villagers. We are main organisers of “Environmental protection activities” in the Prakritheeyam.

## **21. University Leadership Camp**

Our two Volunteers (Shyama and Rahul) participated in the university level leadership training camp and Govt. College, Kariavattom from 2016 Feb 26 to 28<sup>th</sup>.

## **22. Cancer Seminar**

Dr. Anzer. R. N, Programme officer participated one day awareness programme and training related with “Early detection of Oral cancer by month self examination” conducted at Thiruvananthapuram at 7th November 2015.

## **23. Jeevadhayani Programme**

Programme Officer Dr. Anzer. R. N participated one day programme “Jeevadhayani” Blood donation programme conducted by Kerala State Youth Welfare Board at 3/10/2015.

## **24. Nehru Yuva Kerala programme**

The Programme officer and NSS Volunteers participated Inter Collegiate programme conducted by Nehru Yuva Kerala, Thiruvananthapuram at 25th November.

### **25. Punarjani Asset**

Punarjani Asset value 46000- College equipments, Bench, Desk, Building repairing and maintenance done by NSS unit.

### **26. AIDS awareness programme**

AIDS awareness programmes and rally was organized on 1st December.2015

### **27. Socio Economic SURVEY**

We have conducted a Socio Economic SURVEY in the “Aarassuparambu Colony in the Nedunmangad Municipality.

### **28. Food packets- Distribution**

Our Volunteers Collected and distributed “Food packets” to the patients of Taluk Hospital Nedumangad in every Tuesday of each week. Total 7200 kits distributed in this year.

### **29. Disaster Management- Workshop**

Programme Officer Dr. Anzer. R. N attended one week workshop on the topic “Disaster Management” conducted by Academic Staff College, Thiruvananthapuram.

### **30. E – governance programme**

Our Unit conducted E – governance programme in the adopted village Kottupara. About 320 people are situated through this mission.

### **31. Palliative care**

Our unit adopted a special package related with “palliative care” associated with Nedumangadu Municipality. We also organized Family Meet and donated Rs. 25000 to 5 patients in the college ward

### **32. Career Seminar**

We organized one day seminar related with “NORKA – Career and opportunities” conducted by Norka routes and NSS unit Govt College, Nedumnagad.

### **33. Adventure Camp- Thekkady**

5 volunteers participated in the Adventure Camp at Thekkady

### **34. International Seminar**

Dr. Anzer R. N. participated and presented a paper related with ‘Social activities’ in the international Seminar, conducted by Department of Commerce and management, Kerala University.

### **35. NSS orientation classes**

Dr. Anzer. R. N took NSS orientation classes in the Govt. Sanskrit College, Thiruvananthapuram at 20th October 2016.

### **36. NSS Advisory Board Meeting**

Dr. Anzer. R. N is one of advisory Board Member of NSS cell, Kerala University and he participated in the Advisory Board Meeting conducted in the Syndicate Chamber, Kerala University.

### **37. Pulse Polio Immunisation**

We organized and supported Pulse Polio Immunisation Programmes. (145 participants)

### **38. Seminar- Environmental protections**

Conducted a seminar on the topic “Environmental protections” with help of Kallingal Bajaj and Police Association of Nedumangad.

### **39. Library Book Binding**

Our units repaired and binded 420 books in the college libraries.

### **40. Inter Collegiate Competition**

Conducted inter Collegiate paper presentation on the topic “Social empowerment and Youth- role of NSS” in the college seminar Hall of Govt College Nedumangad.

### **41. Short film and Documentary Competition**

Our 53 volunteers participated and presented various topics in the “Short film and Documentary Competition” organized by Kerala State Youth Welfare Board

### **42. Environment Protection Programme**

A voluntary blood donation Camp was held in the Anad on 28th March 2016 as a part of strike against environment exploitation.

### **43. Orientation class**

Blood donation orientation class handled by Dr. Anilkumar, Taluk Hospital, Nedumangadu. Human Rights Awareness Class provided to NSS volunteers by Dr. G. Raju, Govt. College, Thiruvananthapuram. Third Blood donation camp was organized by NSS unit. A total of 85 volunteers donated their blood through their camp.

### **44. Free Medical camp**

2 Medical camps conducted by our Unit during the academic year 2015-16. Total 240 persons participated in this camp.

### **45. Career guidance classes**

Dr. Anzer. R. N (NSS PO) presented special session related career guidance classes in the Govt. H.S. S Kadakkal at 11.06.2015 and Govt. H. S. S ,Eroor, Kollam at 21.07.2015.

#### **46. NSS- Refresher classes**

Dr. Anzer R. N. NSS PO, presented a special session related within “NSS activities” in the SreeSankara Sanskrit University, Extension campus, Thiruvananthapuram 3rd March 2016. NSS Programme officer participated two day refresher and orientation course conducted by Kerala University NSS cell.

#### **47. Prime ministers DandanYojanaProgramme**

Dr. Anzer R. N took two sessions related with “ Prime ministers DandanYojana and swachhBharath Mission in the Koppam - Arussuparambu areas in the Nedumangadu Municipality.

#### **48. Toilet Construction**

Constructed two toilets in the adopted village. (Aakootupara Colony) This programme completed as a part of Special camp. **E- Jalakam**

#### **49. Local Road Construction**

Construction of local road in the Puthenpalam Junction with the help of Arts and sports club.

#### **50. Waiting shed Construction**

N. S.S Volunteers constructed waiting shed in the Mukkola Junction in the Vattappara- Nedumangad Route.

#### **51. Tree Plantation**

N. S. S Volunteers planted 275 trees in the town ward of Nedumangad Municipality. (town ward)

#### **52. Waste Composite Rings**

Volunteers constructed “Waste Composite Rings” in the Important places in the College Campus.

#### **53. Old age Home- Visit**

Visited old age Homes in the PazhakuttyTripathamand Spent one day with them.

#### **54. National Seminar -Anti Drug Campaign**

Conducted a “National Seminar in the topic “Anti –Drug Campaign” with the support of Association Kerala Excise Staff and Kerala Kaumudi Newspaper.

#### **55. Suchitha Mission- Seminar**

Programme Officer Dr. Anzer. R. N. attended a training on the topic “Prime Ministers DawdanYogana” conducted by Suchitha Mission, Thiruvanthapuram.

#### **56. N.S.S calendar**

Constructed “N.S.S calendar 2016” and distributed to all Students and to people in the adopted Village.

#### **57. Legal Literacy- Seminar**

Programme Officer Dr. Anzer. R. N attended one day workshop on the topic “Legal Literacy” conducted by Dept. of Law, Kerala University.

#### **58. Punarjagaran**

“Our 64 volunteers participated training programme on the topic “Punarjagaran’ which was conducted by Nehru Yuva Kendra”

#### **59. Palliative care**

Programme Officer Dr. Anzer. R. N attended one day workshop on the topic “palliative care” conducted by palliative Care cell, Thiruvannthapuram.

#### **60. Blood donation**

Around 211 students voluntarily blood donated.

#### **61. Municipality- Cultural Fest**

Our Volunteers participated and presented various Cultural Programmes conducted by Nedumangad Municipality as a part of upgradation of Municipality.

#### **62. Free Tuition programme**

We have arranged “ free tuition programme “ in the four wards of Nedumangad Municipality.

#### **63. Electoral role registration**

Our units arranged all facility for in rolling the names in the Electoral role of Government.

#### **64. ASAP” Mega Campus Recruitment**

NSS unit undertook and organized “ASAP” Mega Campus Recruitment” Programme

#### **65. Cyber law seminar**

With the help of NSS Cyber law seminar was conducted on 20th September 2015. Class handled by Rakesh, SI of Police, Nedumangadu.



## **66. Special Programmes**

We have conducted special programmes like Cancer awareness programme, fire and safety, disaster management, road safety programme, Anti- plastic seminars and farmers meet.

**In addition to the above the following days observed by our Unit**

### **INTERNATIONAL & NATIONAL DAYS OBSERVED BY OUR UNITS**

5 <sup>th</sup> June	–	World Environmental Day
14 <sup>th</sup> June	–	World Blood Donor's Day
7 <sup>th</sup> July	–	Vanamahotsava Day
11 <sup>th</sup> July	–	World Population Day
15 <sup>th</sup> August	–	Independence Day
20 <sup>th</sup> August	–	Sadbhavana Day
24 <sup>th</sup> September	–	NSS Day
1 <sup>st</sup> October	–	National Blood Donor's Day
2 <sup>nd</sup> October	–	Gandhi Jayanthi
19 <sup>th</sup> November	–	National Integration Day
1 <sup>st</sup> December	–	World AIDS Day
10 <sup>th</sup> December	–	Human Rights Day
12 <sup>th</sup> January	-	National Youth Day
26 <sup>th</sup> January	–	Republic Day
8 <sup>th</sup> March	–	World Womens Day

## **Annual Special Camp- 2015-2016**

**December 20<sup>th</sup> to 26<sup>th</sup>**

Sri Palode Ravi M.L.A lighted the ceremonial lamp making the inauguration of the seven day special camp of NSS units of Govt. College, Nedumangad for the year 2014-15. The functions was presided over by our college principal Prof. S. SudarshananPillai.

In his introductory speeches Kerala University N.S.S programme Co-ordinator Dr. S. Venumohan glorified the achievements of N.S.S units and appreciated the dedicated services of programe officers and volunteers.

### **20-12-2015**

The 105 members of the camp are divided us to 7 committees and selected group laders. After that a brain storming session was done. Each and Every member actively participated and discussed the personal and family matters. After that programme officers handled a session about overall activities of camp and a health survey procedure. Local road constructed in Puthenpalam.

### **21/12/2015**

After the normal day to day activities, At 10 A.M, Mr. Brahmanayakam handled the group dynamic session after the Lunch, “ Clearing campus” programme undertaken by NSS units. The district co-ordinator, Suchithamission, took a session about suchithaMission activities. Mr. Kaber MD, Clean Kerala took an interactive session about “E-Waste management”.

### **22/12//2015**

The days'sprogrmane started with work of cleaning in the campus. After that, our unit undertook a mass work on canal cleaning in the area of Aryanadu. At the evening we arranged a orientation class about “ E- Jalakam” the town ward of Nedumangad Municipality. After this orientation we have completed toilet construction in the adopted village.

### **23/12/2015**

This day commenced within “ NadeelUtsavam” in the Anad. We have arranged a rally near the Ala. After this rally Sri. Palode Ravi inaugurated NadeelUtsavam. The voluntaries were highly interested and showed great enthusiasm in learning the various process of Rice NadelUtasavam. In the evening we arranged a special programme“ Nattukoottom” a summation of Agricultural officers, Volunteers and members of various administrative bodies. All volunteers agreed that this was an exceptional one among the total experience.

**24/12/2015**

This day started with a seminar on the topic food safety handled by G. Gopakumar, food safety officer, Thiruvananthapuram. After the lunch a “ Socio-Economic Survey was conducted by our units in the Arasuparambu colony. In the night “ A special session about “NadanPachakapura” handled by Kudumpasree unit.

**25/12/2015**

This day commenced with on “ Construction of Toilet in the adopted area” After that our units visited “ Ponmudi” with the support of P.T.A. This activity changed the attitude of volunteers towards the poor people especially in the rural and estate colonies.

**26/12/2015**

This day started with special activity related with installation of water connection activities. After the lunch Dr. S. Venumohan, co-ordinator, Kerala University inaugurated valedictory session. This was followed by prize distribution and arranged a master plan for future activities.